

## CONE & DISH SIZES

Pups & Cubs .....Kiddie Scoop  
 Baby Bear .....Some  
 Mama Bear .....More  
 Papa Bear .....Lots

**FREE:** Jimmies, Sprinkles or Krunch Koat

## TOPPINGS

- Hot Fudge
- Caramel
- Butterscotch
- Marshmallow
- Peanut Butter
- Strawberries
- Almond Joy®
- M&M's®
- Reese's Pieces®
- Heath Bar®
- Pineapple
- Fresh Whipped Cream
- Crushed Oreo®
- Gummie Bears
- Gummie Worms
- Walnuts
- Reese's® Peanut Butter Cups
- Sno Caps
- Skittles®
- Butterfinger®

## WAFFLE CONES MADE FRESH ... RIGHT BEFORE YOUR EYES!

Available in  
small or large  
-or-  
ask for a Waffle Bowl!  
(perfect for sundaes!!)

## DREAM CONES

A sundae in a homemade waffle cone -  
The best of both worlds!

## SUNDAES

Choice of ice cream and sundae flavour, topped  
with whipped cream, walnuts and a cherry!

**Regular** - 1 ½ scoops      **Large** - 2 ½ scoops

## Polar Ice Caps

A Polar Cave Creation  
Where a Scoop of Vanilla Ice Cream  
Sits Atop of Your Choice of  
Italian Slush.

A Most Refreshing Treat.

## ICE CREAM FLAVOURS

<b>Black Raspberry Chip</b>	<b>Mint Chip</b>
<b>Butter Crunch</b>	<b>Mocha Chip</b>
<b>Butter Pecan</b>	<b>Oreo®</b>
<b>Rich Chocolate</b>	<b>Peppermint Stick</b>
<b>Chocolate Chip</b>	<b>Pistachio</b>
<b>Chocolate Chip Cookie Dough</b>	<b>Strawberry</b>
<b>Coffee</b>	<b>Strawberry Cheesecake</b>
<b>Maple Walnut</b>	<b>Very Vanilla</b>

**Almond Joy®** - Coconut flavoured ice cream loaded with shredded coconut, chocolate chips and almonds.

**Arctic Landslide** - Chocolate ice cream with swirls of marshmallow, chocolate chips and almonds.

**Baby Bear Bubblegum** - A pink bubblegum flavoured ice cream with real pieces of coloured bubblegum.

**Chocolate Peanut Butter** - A Chocolate Peanut Butter flavoured ice cream, swirled with peanut butter & chocolate chips.

**Cotton Candy** - A soft pink ice cream, that tastes just like cotton candy at the fair!

**Frozen Pudding** - The old time favourite! Vanilla ice cream with a hint of rum mixed with raisins and mixed fruits.

**Mashpee Mud** - Coffee ice cream swirled with velvety smooth fudge and loaded with chocolate chips and almonds.

**Milky Way®** - Light chocolate ice cream blended with caramel ripple.

**Moose Tracks** - Creamy Vanilla ice cream, swirled with Moose Tracks Fudge and loads of mini peanut butter cups.

**Orange Pineapple** - An orange fruit ice cream with crushed pineapple throughout.

**Seasonal Sensations** - Seasonal flavours include: Blueberry, Peach, Pumpkin, Dutch Apple, Eggnog and more!!

**Surprise?!?!** - Ask about our daily Mystery Creations - You never know what we'll think up next!

## SHERBETS

### Orange or Watermelon

Our sherbets are 99% fat free and contain natural fruit purees

## LOW FAT YOGURTS

Cappuccino, Chocolate Almond, Black Raspberry Chip

## NON FAT/SUGAR FREE

### Black Raspberry, Coffee

No fat ice cream versions with no sugar added.  
It is sweetened with Splenda®

## SUPER PREMIUM ITALIAN SLUSH

Blue Raspberry, Cry Baby,  
Lemon, Watermelon, Sour Apple

**BRING HOME SOME HAND PACKED ICE CREAM.**

Pint - Quart

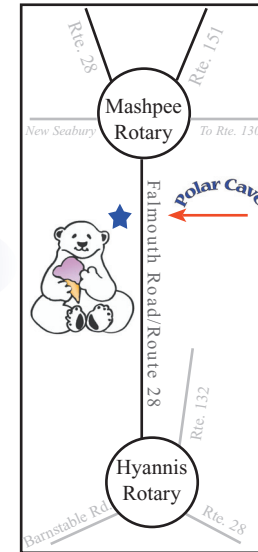
## Gift Certificates

The perfect gift for your ice cream lover.  
Available in any gift amount

Prices do not include 5% Mass Meal Tax. Prices subject to change

## DIRECTIONS:

**From the Mashpee Rotary:**  
Take Route 28 south for 3 miles on the right hand side (just after Honeydew Donuts) in the Merry Meadow By Way/The Barn Plaza



**LOOK for the  
Polar Bear Sign!**

**From the Hyannis Rotary:**  
Take Route 28 north - ½ mile after Route 139 intersection on the left hand side in the Merry Meadow By Way/ The Barn Plaza

## ICE CREAM CAKES

Our superior Ice Cream Cakes and Pies are all custom made to order with your choice of any two flavours, either a chocolate crunchies or crushed sugar cone base and centre and completed with your personal message along with our signature mini ice cream cone. 24 hour (overnight) minimum requested. Sizes for all occasions from 4" round (1-2 servings) up to ¼ Sheet Cake (up to 28 servings).

**polar Cave**  
Ice Cream Parlour

Rte. 28 Mashpee/  
Barnstable Town Line  
Mashpee, MA 02649  
**508-477-5553**  
Call Ahead Ordering  
[www.polarcave.com](http://www.polarcave.com)

# Polar Cave



## Ice Cream Parlour

**The Lawrence Family**  
Proprietors

"Quite possibly the best ice cream  
you've ever tasted."

## OPEN SEVEN DAYS

At 1 PM  
May through October

**Dedicated To Offering You  
The Best in Quality,  
Value and Service**

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## Do More With Your Ice Cream... Have you tried one of our icy beverages?

### Frappe

A splash of milk, a shot of flavoured syrup, and 3 scoops of any ice cream flavour perfectly blended together for a sweet treat you can drink with a straw, MAYBE!

### Extra Thick Frappe

Add even more ice cream than a regular frappe. So thick you can stand a spoon in your drink, and you might need the spoon to eat it too!

### The Frappe X-treme!

An Extra Thick Frappe topped off with an additional scoop of any flavour ice cream you desire. The ultimate frappe-xperience!

### Ice Cream Soda

Fizzy soda water flavoured with sweet syrup and topped with a scoop of delicious ice cream! Available in Vanilla, Chocolate, Coffee or Strawberry.

### Ice Cream Float

Coke, Diet Coke, Rootbeer or Orange Soda topped with a scoop of ice cream.

### Chillers

#### Creamy Icicle, Watermelon, Orange Deep Freeze

A unique blend of Ice Creams, Italian Slush's & Sherbets with Soda. Creating the most refreshing drink you ever sipped.

## PAPA BEAR'S SIGNATURE FRAPPES

### Chocolate Monkey

Chocolate & Banana Ice Creams Blended into a Smooth Drink with Chocolate Syrup and Loaded with Fresh Banana. You're sure to go ape over this!

### Girl Scout Thin Mint®

Mint Chocolate Chip Ice Cream, Chocolate Syrup and a Heaping Helping of Crushed Oreo® Cookies Mixed into an Extra Thick Frappe. It tastes just like a Girl Scout Thin Mint®!

### Pink Penguin

Strawberry Ice Cream Blended with Chocolate Syrup, Hot Fudge and Fresh Strawberries. You Will Think You Have a Strawberry Cream from a Box of Chocolates.

### Polar Piña Colada

A Refreshing Blend of our Coconut Based Almond Joy® Ice Cream Combined with Juicy Crushed Pineapple and Toasted Coconut. It Even Comes with a Little Umbrella!

# Polar Cave Creations Signature Sundaes

*Served with Three Scoops of Our Super Premium Ice Cream*

### Yukon Gold Rush

Luscious Butter Crunch Ice Cream Drizzled with Butterscotch Topping and Crushed Butterfinger®. Bathed in a River of Whipped Cream, Dusted with Candy Coated Peanuts and a Cherry to Finish It Off. *Dig in and you are sure to strike gold!*

### 3-2-1 Blast Off - A Space Odyssey

3 scoops of Milky Way® Ice Cream, 2 Toppings - Hot Fudge and Caramel, Sprinkled with Pieces of Milky Way® bar, topped with a Halo of Whipped Cream, Decorated with Chocolate Jimmies (imagine the night sky) and Rainbow Sprinkles (The Sparkling Stars!!) and 1 Cherry on Top. *This Sundae Is Out of This World!*

### S'mores

Rich Chocolate Ice Cream, Sandwiched Between Layers Of Teddy Graham Crackers®, Velvety Smooth Hot Fudge and Oh So Goopy Marshmallow Creme and Topped with Mini Marshmallows. *The Frozen Take On a Campfire Classic.*

### Almond Joy®

Delicious Almond Joy® Ice Cream, Chopped Almond Joy® Candy Bar, Drenched in Hot Fudge and Topped with a Cloud of Whipped Cream, Toasted Coconut and a Cherry. *A Tropical Vacation in a Bowl.*

### Banana's Foster

Sweet Butter Crunch Ice Cream Nestled in a River of Warm Caramel and Fresh Sliced Bananas. Add Whipped Cream and a Cherry If You Choose. *A New Scoop On The Classic Dessert.*

### Reese's Sundae

Creamy Chocolate Peanut Butter Cup Ice Cream Smothered with Hot Fudge and Reese's® Peanut Butter Toppings, Laced with Chopped Reese's® Peanut Butter Cups, Crowned with Whipped Cream, Reese's® Pieces and a Cherry.



**Know How  
To Make A Good Thing Better?  
Have One Of These Sundaes In A  
Made To Order Waffle Bowl!!**

### Mashpee Mud

Coffee Flavoured Mashpee Mud Ice Cream Sprinkled with Crushed Oreo® Cookies in a Molten Pool of Hot Fudge. Finished off with Whipped Cream and a Dusting of Even More Crushed Oreo® Cookies and a Cherry. *Mud Never Tasted So Good!*

### Dirt, Worms & Ants

Yummy Oreo® Cookie Ice Cream Dusted with Mounds of Crushed Oreo® Cookies, Covered with Hot Fudge and Garnished with Whipped Cream, Chocolate Jimmies, Gummy Worms and a Cherry. *A Treat for the Kids or the Peter Pan in All of Us.*

### Polar Patty

Chocolate Chip Cookie Dough Ice Cream Nestled Between Two Warm Fresh Baked Chocolate Chip Cookies, Dripping with Hot Fudge and a Ribbon of Whipped Cream. *An Open Faced Ice Cream Sandwich.*

### Chocolate Overdose

Imagine a Warm Fudge Brownie Smothered In Hot Fudge, Crowned with Death By Chocolate Ice Cream, Even More Hot Fudge and Topped Off with Whipped Cream, Chocolate Jimmies and a Cherry. *Dream No More - You Can Have One Right Now!* *A Chocoholics Fantasy Come True.*

### John's Pond Turtle

Maple Walnut Ice Cream Layered Between a Medley of Chopped Walnuts, Warm Caramel and Hot Fudge. Completed with Fluffy Whipped Cream, a Cherry and More Walnuts. *You Are Sure To Go Nuts Over This Sundae!*

## When Was The Last Time You Had A Banana Split?

Made the Classic Neapolitan Way (or Create Your Own Version). A Split Banana under Three BIG Scoops of Ice Cream, Loaded with Fresh Strawberries, Crushed Pineapple and Hot Fudge, then Finished Off with Our Homemade Whipped Cream, Crushed Walnuts, Cherries and an American Flag for Flare!

*They Are So BIG That They Come In A Box - Ask For A Second Spoon!*

### The Tip of the Iceberg

Your Choice of Four Scoops of Our Super Premium Ice Creams, Sitting Atop a Warm Fudge Brownie, a Banana, Two Toppings, a Crown of Whipped Cream Peaks, Dusted with Walnuts, Sprinkles and a Cherry!

*Do you think you can handle this much of a good thing?*

## The Arctic Circle

TWENTY (yes, 20) Scoops of Your Favourite Ice Creams, TEN Toppings, FOUR Brownies, FOUR Banana's, Mountains of Whipped Cream, Showered with Walnuts, Jimmies, Sprinkles and Cherries. We will even Throw in TWO Bottles of Water to Help It Down.

*(24 Hour Advance Notice For This Dessert Please)*

**Conquer the North Pole  
and have your picture taken  
for our Wall of Fame.**

*Prices listed on location or by phone.  
All Polar Cave products are taxable at 5%*

**Join our email mailing list at [www.polarcave.com](http://www.polarcave.com) or send an email to [info@polarcave.com](mailto:info@polarcave.com) for Special Offers and Birthday Treats**